

National Security "The Pentagon" December Bulletin.

Disaster Preparedness.... ARE YOU READY?

These smartphone apps will help you get through a natural disaster.

- Get tips to survive natural disaster, customize your emergency checklist, and save meeting locations.
- Receive alerts from the National Weather Service.
- Locate open shelters and Disaster Recovery Centers and apply for assistance.
- Upload and share your disaster photos.
- Stay connected on social media and the FEMA blog. Source: FEMA

Get a kit. Make a plan. Be informed.

Be Red Cross Ready Checklist

- I know what emergencies or disasters are most likely to occur in my community.
- I have a family disaster plan and have practiced it.
- I have an emergency kit.
- At least one member of my household is trained in first aid and CPR/AED.

Get a kit

- 1 gallon of water per person per day
- 3-day supply of non-perishable, easy-to-prepare food
- Medical items
- Extra batteries
- Battery-powered or hand-crank radio
- Copies of personal documents
- Cell phone chargers
- Family and emergency contact information
- Include disinfectant and hygiene items like soap, hand sanitizer and face masks to protect against COVID-19.

Make a plan

- Meet with your household members: discuss how to prepare for emergencies likely to happen where you live, learn, work and play.
- Identify responsibilities for each family member.
- Choose two places to meet, if separated by an emergency:
  1. Right outside your home in case of a sudden emergency, such as a fire.
  2. Outside your neighborhood, in case you cannot return home or are asked to evacuate.

Choose out-of area emergency contact: all household members should have emergency-contact information in writing or in their or in their cell phones.

Be informed

- Identify how local authorities will notify you during a disaster and how you will get information, whether through local radio, TV or Weather Radio stations.
- Download the free Red Cross Emergency App for safety tips, preparedness checklists, local weather alerts and more.

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