



**VETERANS AFFAIRS AND REHABILITATION**  
**August/September 2020 - Bulletin NO.1**

Defenders,

Welcome to a new year of changes and learning how to serve our Veterans and their families. Auxiliary members its vital that you have open conversations with your post family on methods you can assist them with concerning veterans and their families that are experiencing mental challenges due to the ongoing Covid-19 Pandemic. Depression among many of our families and members of our organization is prevalent. We have to help each other and we will get through this. Our veterans have giving much and during these difficult times deserve the support of all citizens.

Even though we aren't able to visit and serve our hospitalized veterans as we once did; we can take this time to map- out strategies and fundraisers that will help when we are permitted to visit and bring that personal cheer back to our hospitalized veterans.

Stay in contact with our VA Representatives and Deputies and ascertain from them what is needed most for the hospitalized veterans. This is a great time to utilize your zoom classrooms to communicate your ideas for fundraisers and listen to others.

**The National Auxiliary as implemented virtual training on-line. This includes a host of free courses. New virtual training includes:**

**Mission Training**  
**VA Voluntary Services**  
**ALAMIS how-to**  
**ALA Girls State and more.**

I look forward to seeing you at a future California training session that we all have benefited from and enjoyed. I pray that all of you stay safe and healthy.

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