

Voluntary Service Program Wish List for Veterans

VA Northern California Health Care System
10535 Hospital Way
Mather, CA 95655-1200
August 2009

Sacramento VA Medical Center:

- 48"-50" flat screen TV to be mounted in patient waiting area of Bldg 650 –\$1,600.00-DONATED **PURCHASED.....**
- Physical Therapy services are expanding for our veterans. Needs exist at our Mather, Martinez and Redding facilities. At Sacramento, PT needs three, 46" flat screen TVs to be used for the Neuromuscular Re-Education Exercises (balance/coordination and strengthening) and to watch health education programs while performing strengthening and cardio exercises under PT supervision in our gym.-(\$1,100.00 each)
- Two DVD players and 1 Wii System to be used by Physical Therapy in treatment plan mentioned above.(DVD player \$249 and Nintendo Wii Bundle with wiiFit \$429)
- Laptop computer for Cyber Café for veterans–Veterans will be assisted in internet access to VA web sites for MyHealthE Vet program or other useful web sites in search of education or job seeking.(\$698.00).....**REALLY NEED THIS**
- Printer for laptop for Cyber Café **REALLY NEED THIS**
- Need sponsor for monthly service plan for wireless service for Cyber Café. **REALLY NEED THIS**
- VA NCHCS is growing and our footprint has enlarged! We need to transport more and more patients from their cars to the clinic areas for appointments. New Golf Cart –Street Legal –Suggested product –Saddleback Golf Cars(\$9,000.00)
- Books, magazines (current year), video tapes, new puzzles, playing cards and board games for distribution throughout Northern California Health Care System's facilities.
- Through Social Work Service, the —Needy Veterans|| Program accepts funds to provide bus tickets and/or meal vouchers to veterans and new clothing when needed.
- New Mental Health In Patient Unit would like subscription to Sacramento Bee (4 copies)
- Mental Health In Patient Unit is in need of flip flops for the shower. Mostly men's shower sandals and a few women sizes.
- Backpacks are always accepted for distribution through the Homeless Veteran Program along with gently used clothing items. New and packaged socks, underwear and t-shirts are also accepted for distribution.
- Prepaid phone cards for distribution to veterans through Social Work Service are always welcome.
- New and packaged socks and underwear are accepted for distribution at the four (4) Stand Downs held throughout VA Northern California Health Care System.
- Lap Robes –quilt size
- **'MOVE' Program** is a weight management program for veterans. The program will not only be offered to veterans who come to our facilities for care, but also to veterans in the community who have other health care providers. Veterans will receive information on diabetes, exercising and leading healthier, more active lines—and to have fun while doing so! Funds will be accepted in support of pedometers, t-shirts, water and other incentive items.

Chico VA Outpatient Clinic:

- Small stereo system for patient waiting area(\$168)
- 40" flat screen monitor for patient waiting area(\$798)
- Children's books and crayons (Eve)

Martinez VA Outpatient Clinic and Community Living Center:

- VA NCHCS is growing and our footprint has enlarged! We need to transport more and more patients from their cars to the clinic areas for appointments
New Golf Cart –Street Legal –Suggested product –Saddleback Golf Car(\$9,000)

The Community Living Center (CLC) -(formerly the CREC) at the VA Outpatient Clinic in Martinez, California is a state-of-the-art, long-term facility. Many patients are admitted with few or no personal belongs.

- Two, 46" flat screen monitors with 2 DVD players and 1 Wii System in support of neuromuscular exercises under PT supervised treatment program.

- Donations of postage stamps, phone cards, comfort items to include Polydent, Polyclean, hand-held mirrors, travel-size and regular size shampoo, conditioner, toothbrushes, toothpaste, deodorant and small boxes of detergent for laundry purposes are accepted,
- Planetree –Make the inpatient environment more like home –Seasonal decorations are also needed for CLC
- Monetary donations are also accepted to purchase these items when necessary.
- Donations of clothing items to include, new and packaged men’s socks and boxer underwear (M/L/XL/XXL or larger) and t-shirts (M/L/XL/XXL or larger) along with gently used jeans, sweaters, jackets, sweat shirts and pants are accepted. Diabetes and circulatory socks are also accepted.
- Day Treatment Program patients attend community outings such as movies and bowling and swimming. We accept monetary donations to support these activities as they re-enter into the community.
- Recreation is in need of the following items: DVD’s, CD’s, arts and craft supplies, diaries/journals, sport equipment, hand held video games, magnifying glasses, easels, clip-on reading light and crossword puzzle books.

Redding VA Outpatient Clinic One:

- 46" flat screen monitor,(\$1,200) 1 DVD player (\$249) and 1 Wii system(\$429)in support of neuromuscular exercises under PT supervised treatment program.
- Pocket Talker Pro Amplifier for hearing impaired patients. Cost is \$170.00

Fairfield and Mare Island Clinics:

- Funds are accepted to provide healthy snacks and juices to patients who have undergone Lab work and need the substance.
- Funds are accepted to provide meal vouchers to Neuro Surgery and Dialysis patients who have appointments after hours and weekends when the cafeteria at David Grant Medical Center is closed.
- Two sets of patio furniture with four chairs and umbrella for outdoor patient areas.
- Pre-paid phone cards for indigent veterans.
- Coffee and condiments for the Coffee Program at both sites.
- Content appropriate DVDs for the enjoyment of Dialysis patients while they are receiving their treatment.
- Current magazines and books.
- Pocket sized planners.
- Bus passes for patients returning home upon discharge.
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- Please be assured that 100% of your monetary and non-monetary donations go directly to patients and patient programs. A letter of acknowledgement is mailed to donors.
- Please contact Maria Prom or LynnStarks-Dilihunty, if you or your organization would like to sponsor or support any of the above items or programs. Thank you in advance for your support!

Please make all checks payable to: VA NCHCS-Voluntary Services
 Maria Prom Chief, Volunteer Program
 Sacramento VA Medical Center
 916-366-5372

Lynn Starks-Dilihunty
 Martinez Outpatient Clinic
 925-372-2198